## **Focusing 2 for Sensitive People Course: November 2019**

## Partnerships for practice in class and between classes

Name	Time Zone	Class 1 11/7/19	Class 2 11/14/19	Class 3 11/21/19	Class 4 12/5/19	Class 5 12/12/19	Class 6 12/19/19
Monica	PST	Peter	EXTRA	Judith	Kate	Karolina	Linda
Anne Marie	EST	Linda	Judith	Kate	EXTRA	Peter	Karolina
Kate	NZ	EXTRA*	Peter	Anne Marie	Monica	Linda	Judith
Linda	MT	Anne Marie	Karolina	Peter	Judith	Kate	Monica
Judith	PST	Karolina	Anne Marie	Monica	Linda	EXTRA	Kate
Karolina	EST + 6	Judith	Linda	EXTRA	Peter	Monica	Anne Marie
Peter	EST + 6	Monica	Kate	Linda	Karolina	Anne Marie	EXTRA

## \*"EXTRA" means:

- You will partner with Sharon in class (or Emily when Sharon is away 12/5 and 12/12)
- We'll find a volunteer to do an extra turn and partner with you between classes that week